

Height/Weight Restrictions for Donors Age 16-22
Eligibility is Based on Estimated Total Blood Volume

Males between 16 and 22: You must be at least 5' tall and weigh at least 110 pounds.

Females between 16 and 22: If you weigh at least 110 pounds but are shorter than 5'6", please see the minimum weight required by height below:

Female Height	≥ 4'10"	≥ 4'11"	≥ 5'	≥ 5'1"	≥ 5'2"	≥ 5'3"	≥ 5'4"	≥ 5'5"
Female Required Weight	≥ 146	≥ 142	≥ 138	≥ 133	≥ 129	≥ 124	≥ 120	≥ 115